ChristChurch London Life Group Discussion Outline – 03/08/08
"How to succeed when sexual temptation strikes" – James Haslam

Read Genesis 39:1-23
NB: If the dynamics in your group work, I suggest you split into same-sex groups for this week's word section, as it can encourage a greater level of vulnerability as you discuss Sunday's talk.

1) What is God's plan for sex?

2) What was sexual temptation like for Joseph? What is it like for us?

3) What strategies did Joseph use? How can they help us & what can we do? (NB As a brief reminder, I've listed them below)

4) What can we learn from the consequences of Joseph avoiding sexual temptation? Do you have any examples of dealing with sexual temptation in your own life?

5) For those that succumb to sexual temptation, how can they walk free of guilt, inadequacy, and fear of falling again?

Here are some of the strategies Joseph used:

1) Consider who you will hurt
2) Have self-respect (1 Cor. 6: 19-20)
3) Know God is watching (Gen 39:9)
4) Be accountable (2 Tim. 2:22)
5) Seek help from God (Romans 8:5 / 13:14, Acts 7: 9-10)
6) Win the battle for the mind (Romans 12:2)
7) Keep out of temptation's way (1 Thess 4:3-5) (Proverbs 5)
8) Be ruthless (Job 31:1, Matt 5:28-29)
9) Run! (1 Cor 6:18)
10) Memorise Scripture (John 8:32)