

ChristChurch London Life Group Discussion Outline – 03/02/08
“Developing an effective prayer life”
David Stroud

Read Col 4:2-4

1. What do you find difficult about prayer? What do you think are some of the biggest challenges we face as we seek to develop a healthy prayer life? What can we do to overcome these challenges?
2. By encouraging us to be “Watchful” (v2) Paul is saying, “do not be dulled by routine”; how can we grow in variety within our prayer life? Discuss some of the different ways we can connect with God through prayer? How does being “watchful” impact our approach to daily prayer?
3. What are some of the things that you can give God thanks for, both personally and as a life group?

“For the miracle of prayer to begin operating in your life, we must finally do only one thing; we must pray! I can write about prayer, and you can read about it, and you can even lend my book to a friend. But sooner or later, we have to pray. Then and only then, will we begin to live moment by moment in God's presence.” (Bill Hybels, ‘Too busy not to pray’)